



the emotionally healthy  
**DISCIPLESHIP**  
**COURSE** PART 1 & 2



# Emotionally Healthy Relationships

**Learn 8 practical skills to develop mature, loving relationships with others.**

**In this course, you'll get equipped with practical relationship skills to love others like Jesus. Discover how to:**

- Check Your Community Temperature Reading
- Stop Mind Reading and Clarify Expectations
- Genogram Your Family
- Explore The Iceberg
- Listen Incarnationally
- Climb the Ladder to Integrity
- Fight Cleanly
- Develop a "Rule of Life" to Implement Your New Learnings

**Course Dates: Tuesdays Feb 31 - May 1**

**Cost: \$ \_\_\_\_\_**

**Meeting in \_\_\_\_\_**

**Other information as Needed**

**Register now at [churchwebsite.org](http://churchwebsite.org)**