



the emotionally healthy
DISCIPLESHIP
COURSE PART 1&2



Emotionally Healthy Relationships

Learn 8 practical skills to develop mature, loving relationships with others.

In this course, you'll get equipped with practical relationship skills to love others like Jesus. Discover how to:

- Check Your Community Temperature Reading
- Stop Mind Reading and Clarify Expectations
- Genogram Your Family
- Explore The Iceberg
- Listen Incarnationally
- Climb the Ladder to Integrity
- Fight Cleanly
- Develop a "Rule of Life" to Implement Your New Learnings

Course Dates: Tuesdays Feb 31 - May 1

Cost: \$ _____

Meeting in _____

Other information as Needed

Register now at churchwebsite.org