

2026 IMPACT REPORT

EMOTIONALLY HEALTHY DISCIPLESHIP

emotionally healthy
DISCIPLESHIP



OUR MISSION

To revolutionize the Church through emotional health and a slowed-down spirituality.

Letter from **Drew Hyun**

President of EHD



Dear Friends,

One year ago, on October 15, 2025, Pete and Geri Scazzero entrusted the leadership of Emotionally Healthy Discipleship to me. I remember standing on that stage, surrounded by people I love, wondering what the first year would hold.

It held a lot of quiet, foundational work. And it held a few moments I'll carry for the rest of my life.

Much of 2026 happened behind the scenes. We made organizational and Board changes to set the ministry up for consistent, healthy operations and wise growth in the years ahead. Our Board is practicing the same emotionally healthy spirituality we invite others into as we pioneer the Order of Emotionally Healthy Leaders. We repositioned our budget so this ministry can stay healthy for the long haul. That kind of work rarely makes headlines. Pete and Geri modeled it for decades: tend to what's beneath the surface, and the fruit will come.

And the fruit has already started to come. The School of Emotionally Healthy Leadership saw record enrollment, with Schools now gathering in Australia, Asia, and Europe. The first Formation Groups of the Order of Emotionally Healthy Leaders began meeting. And this Fall, 700 pastors and leaders from about 30 countries filled a room in Manhattan for the EH Global Leader Conference. Looking out at that room, I saw a global church hungry to slow down and be with Jesus.

Inside these pages is a glimpse of what God has done this year through your prayers and generosity, along with where we believe He's leading us in 2027.

Thank you for believing in this work. You are part of this story, and I'm so grateful to walk it with you.

With gratitude and hope,
Drew Hyun
President of EHD

2026 GLOBAL LEADER CONFERENCE







On September 30 and October 1, 2026, we hosted the EH Global Leader Conference in New York City. **More than 700 pastors and leaders** from roughly **30 countries** gathered for community, worship, and formation.

It was the first time since the pandemic that we had gathered hundreds of leaders in one room, all carrying the same longing: to lead from a deep inner life with Jesus. They left with practical tools, strengthened connections, and a clearer picture of what an emotionally healthy church can look like.

A key focus of the conference was to let leaders experience the rhythms and culture of Emotionally Healthy Discipleship firsthand. Each day, we prayed Morning and Afternoon Prayer together as a full group, with built-in times of silence, solitude, and reflection. Drawing on the theme of *Emotionally Healthy Success*, Pete led the group through the scorecard and invited leaders to discern where real life in God is present, where it's emerging, and where Jesus may be inviting them to slow down and go deeper. Thanks to your generosity, we sponsored leaders from Colombia, Uganda, and other parts of the world to join us and share their stories.

(continued)






2026 GLOBAL LEADER CONFERENCE

BY THE NUMBERS

6 Sessions | 700 Pastors & Leaders | ~30 Countries

"As a result of the Conference, I am beginning to realize how much I need to slow down. Transformation is a process that cannot be rushed."

- Judy Cha, Executive Director, Redeemer Counseling

"During Morning Prayer... I had a picture of a deep well with a heavy wooden lid on it. I sensed the Lord say to me 'you have resources that you are not sharing.' I have already given you what you need. Have confidence to walk in what I have given you."

- Rashell Beya, Lead Pastor, Broadway Baptist Church

"I was overwhelmed by the love of God...There were so many moments like that."

- Lisa Kellett, Care Pastor, One Church

After the conference, **98%** of survey respondents said they had become more aware of their need to grow as leaders deeply formed in the way of Jesus.*

*Based on a post-conference survey of 161 attendees; 158 rated the statement "I am more aware of the need to grow as a leader who is deeply formed in the way of Jesus" a 4 or 5 on a 5-point scale.

SCHOOL OF EMOTIONALLY HEALTHY LEADERSHIP



The School of Emotionally Healthy Leadership (SEHL) is a 16-week discipleship course designed for pastors and leaders to slow down for deep spiritual formation and transformation. The School provides a sacred space to be with Jesus, allowing leaders to integrate emotional health with contemplative spirituality, so they can lead from a deep inner life with God.

2026 brought record enrollment. The School is now open in Australia, Asia, and Europe, giving leaders on those continents a learning community in their own time zones and cultures. In North America, we partnered with the Foursquare Church to launch a satellite School for their pastors, while our main School grew wider, welcoming new leaders from Latin America, with live translation in Spanish, and from Africa.

BY THE NUMBERS

318 main School participants | 4 Satellite Schools

WHAT SCHOOL PARTICIPANTS ARE SAYING...

Slowing Down to Love Well

"I'm realizing just how much my capacity for compassion, care, and love are increased when I do the deep and sacred inner work. As God meets me in this, it allows me to be exponentially more present with those I minister to."

Transformation That Reaches Home

"[I see] the importance of doing the work so that I can transform rather than transmit the things that are not of God's Kingdom. Not just in my ministry, but especially in my home."

Learning the Pace of Grace

"[I'm learning] how slow and incremental this work is. I often want to jump all the way in and can get discouraged if it all doesn't come together quickly. This semester has helped me begin to slow down and realize that not everything needs to happen at once."

THE ORDER OF EMOTIONALLY HEALTHY LEADERS

Last year we shared a vision for a new monastic-inspired order for pastors and leaders, rooted in a shared Rule of Life and ongoing spiritual formation. This year it began.

Four pilot Formation Groups launched with 30 leaders committed to walking together over the long haul. These groups are the seedbed of the Order, a place where leaders practice the rhythms of prayer, Sabbath, and community that sustain a life with God beyond any single course or event. Together, these leaders shepherd churches and ministries of every size, reaching thousands of people week after week.

Every month, participants reflect in a journal on how they've lived the Rule of Life, noting the patterns, the struggles, and the places they've seen grace. Then they gather online, guided by a trained Formation Director, to read one another's journals and offer honest reflection, accountability, and discernment. It's slow, steady work, the kind that helps a leader's being with God sustain their doing for God. One pastor described it as the most spiritually enriching season of his life.

BY THE NUMBERS

4 Formation Groups | 30 leaders

To learn more about the Order, visit https://www.emotionallyhealthy.org/order/



Resources That Form Leaders

The Emotionally Healthy Leader Podcast

Hosted by Pete Scazzero, the podcast continues to be a trusted companion for pastors and leaders seeking depth, clarity, and transformation. The podcast has now passed 11 million total downloads, with episodes offering honest, biblical wisdom to help leaders slow down, lead with integrity, and root their leadership in a deep walk with Jesus.

BY THE NUMBERS

11M+ podcast downloads | 200 countries

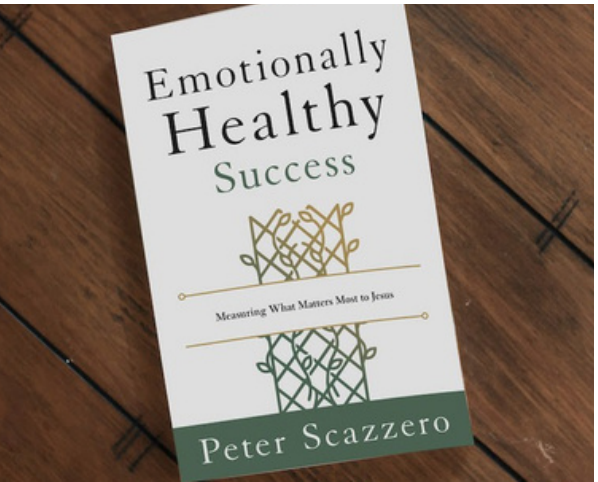
Monthly Webinars

Led by Drew with Pete teaching alongside, webinars remain one of our most accessible on-ramps. Each free webinar draws between 700 and 1,250 registered pastors and leaders, with real-time Spanish translation. This year's topics included:

- Sabbatical Prep
- New Vision for Ministry Success
- Preaching for Transformation
- Design a Discipleship Pathway
- How to Lead out of your Marriage or Singleness

BY THE NUMBERS

9,250 webinar participants | 60 countries



Emotionally Healthy Success

This year, we celebrated the release of Pete Scazzero's newest book, *Emotionally Healthy Success*. Pete names what many leaders feel but rarely say out loud: burned-out leaders, shallow disciples, and ministries that look successful on paper but starve the soul underneath. Then he helps us rewrite the scorecard so we can measure what matters most to Jesus. To help churches put the book into practice, we built a home for it at emotionallyhealthy.org/success, with free guides, prayer cards, and the Leadership Scorecard.



Expanded Access, New Generations

This year we laid the groundwork to carry this message further, into expanded resources in Spanish and to the next generation.

Spanish Resources

In 2026, we released a new edition of our Spanish course materials and launched a Spanish-language podcast, opening the door for more than 440 million Spanish speakers around the world. English-speaking leaders receive new teaching from Pete twice a month through the podcast. Until now, Spanish-speaking leaders have relied mostly on his published books. The first season runs through May 2027. In addition, we hosted a Spanish-language webinar, How to Run the EH Discipleship Course, in October 2026 and plan to continue this initiative in 2027.

Serving Spanish-speaking leaders remains a core priority for EHD. From live translation to website resources, we'll continue building Spanish access into our events and resources.

The EHD Youth Course

For years, pastors and youth leaders have asked us: what about our teenagers? EHD has reached thousands of adults with discipleship that integrates emotional health and contemplative spirituality, but churches have had no comparable pathway built for where teenagers actually are.

Led by Matt Manno, the Youth Course adapts our courses into practice-based experiences. Students build rhythms like Scripture engagement, silence, emotional awareness, and relational maturity together, week by week. This year, ten churches piloted the curriculum and we filmed the full course. Students and leaders showed a clear hunger for formation deeper than behavior. A second beta round begins in early 2027, with a public release later that year.



Training & Events

EHD Coaches

Every church's journey into emotional health looks different, and no pastor should have to figure it out alone. This year, we redesigned our coaching program to walk with churches at every stage of the EHD pathway. In a free 60-minute call, an EHD Coach helps pastors and leaders discern where their church is today and what faithful next step to take, whether that's experiencing the EHD Courses, launching them in their church, joining the School of Emotionally Healthy Leadership, or becoming a Culture Church. Coaching is now available in English and Spanish for churches across the United States, Canada, Central America, and South America. We're also improving how we match coaches with pastors and measure the impact of coaching.

EHD Events

We continue to curate intentional in-person gatherings to train leaders.

Each spring, EHD hosts a marriage retreat for pastors and leaders, because the health of a leader's marriage shapes the health of their ministry. This year, 25 couples gathered in New York City for a retreat led by Drew and Tina Hyun alongside Jessica and Jordan Rice. Couples learned practical skills and rhythms for marriage, and left with fresh hope and tools to build resilience and intimacy in the midst of life and ministry pressures.

Here's some of what couples shared:

"Seeing these concepts not just taught but modeled in front of us was truly life-changing."

"God revealed to me that I have settled for a good-enough marriage and have not pursued a sign-and-wonder marriage."

"As the marriage goes, so goes the ministry."

"It has given us gas in a marriage that was running on E to make it to the next pit stop."





As we look to 2027, our mission remains the same: to revolutionize the Church through emotional health and a slowed-down spirituality. We'll keep offering trusted resources like the EHD Courses, books, the podcast, monthly webinars, and the School of Emotionally Healthy Leadership, while stepping into the new work God has opened to us this year.

Pete and Geri Scazzero continue to mentor, write, and shape resources that serve pastors, churches, and movements around the world.

HERE'S WHAT'S AHEAD:

- **Growing the Order of Emotionally Healthy Leaders:** running a second round of pilot Formation Groups, concluding with a retreat in May, while training new Formation Directors to prepare for future growth.
- **Spanish Podcast:** new episodes continuing through May 2027, as we discern renewing for another season.
- **EHD Youth Course:** releasing in 2027, a discipleship pathway for teens.
- **EH Global Leader Conference:** returning September 29–30, 2027, in New York City, to welcome new leaders and gather our global community.
- **Revamping the School of Emotionally Healthy Leadership:** expanding from a 16-week course to a full-year experience that helps leaders integrate EHD more deeply into their leadership and prepares them to join the EHD Culture Church network.

As we enter this next season, we're inviting our community of supporters, people like you, to help build what comes next.



YOUR PARTNERSHIP

Your generosity strengthens the foundation of this ministry and carries it across generations, languages, and nations.

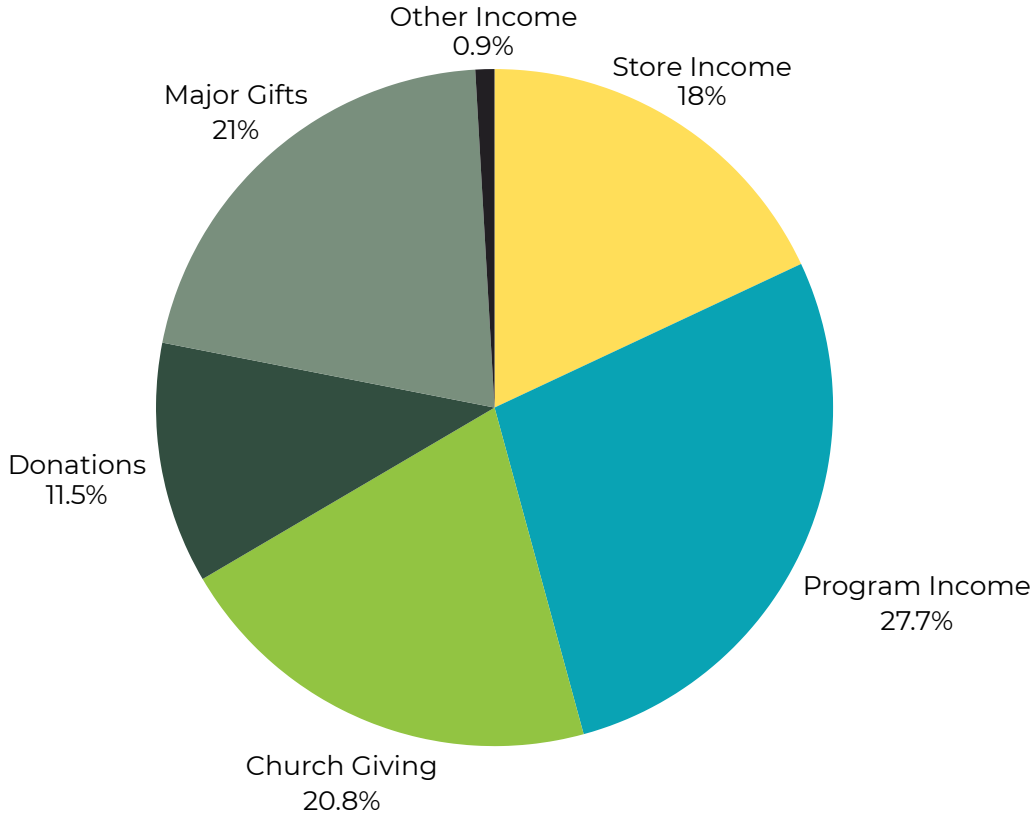
With your support, we will:

- Sustain our new **Spanish podcast** and help renew it beyond its first season.
- Grow the **Order of Emotionally Healthy Leaders** beyond our first four Formation Groups.
- Release the **EHD Youth Course** to churches.
- Strengthen and expand the **School of Emotionally Healthy Leadership**, growing it into a full-year experience that helps leaders integrate EHD more deeply and prepares them to join the EHD Culture Church network.
- **Sponsor pastors from Africa, Asia, and Latin America** to access training and gatherings they couldn't otherwise attend.
- Keep producing **free content**, including the podcast and monthly webinars, for leaders everywhere.
- Reach our giving goal of **$300,000 in Q4.**

SCAN QR CODE TO GIVE

Visit **emotionallyhealthy.org/give**

2026 YTD Revenue*

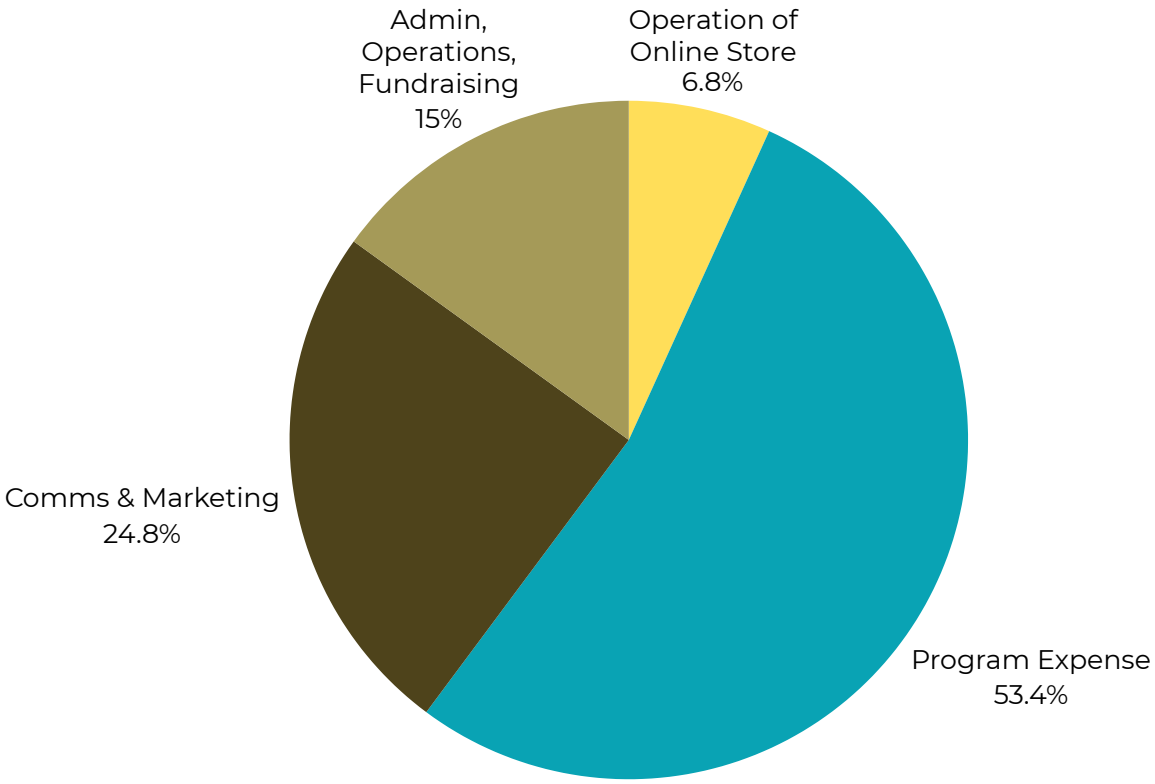


Revenue Category	YTD Revenue
Store Income	$129,892
Program Income	$199,840
Church Giving	$149,805
Donations**	$83,041
Major Gifts**	$151,450
Other Income	$6,545
Total	$720,573

*YTD revenue reflects January 1 through September 30, 2026.

**Donations are individual gifts under $10,000. Major Gifts are individual gifts of $10,000 or more.

2026 YTD Expenses*



Expense Category	YTD Expenses
Operation of Online Store	$48,600
Program Expense	$382,212
Communications & Marketing**	$177,303
Admin, Operations, Fundraising	$107,730
Total	$715,845

*YTD expenses reflect January 1 through September 30, 2026.

**Communications & Marketing includes our website, social media, and some podcast costs, which provide free resources to pastors and leaders worldwide.