



EH Relationships for Leaders

Date	Session	READ  BEFORE the session	READ/PRACTICE  AFTER the session
SESSION 1 OCT 14	<i>Take Your Community Temperature Reading (CTR)</i>	• EHR Workbook: Session 1 • EH Discipleship: Chapter 1	• Day by Day: Week 1 • Practice Skills 2-3x this week
SESSION 2 OCT 21	<i>Stop Mind Reading and Clarify Expectations</i>	• EHR Workbook: Session 2 • EH Discipleship: Chapter 7	• Day by Day: Week 2 • Practice Skills 2-3x this week
SESSION 3 OCT 28	<i>Genogram Your Family</i>	• EHR Workbook: Session 3 • EH Discipleship: Chapter 8	• Day by Day: Week 3 • Practice Skills 2-3x this week • Set up 1 hour mtg to Review Your Genogram w/ Table Leader
SESSION 4 NOV 4	<i>Explore the Iceberg</i>	• EHR Workbook: Session 4 • EH Discipleship: Chapter 6	• Day by Day: Week 4 • Practice Skills 2-3x this week
SESSION 5 NOV 11	<i>Incarnational Listening</i>	• EHR Workbook: Session 5 • EH Discipleship: Chapter 3	• Day by Day: Week 5 • Practice Skills 2-3x this week
SESSION 6 NOV 18	<i>Climb the Ladder of Integrity</i>	• EHR Workbook: Session 6 • EH Discipleship: Chapter 4	• Day by Day: Week 6 • Practice Skills 2-3x this week
SESSION 7 DEC 2	<i>Clean Fighting</i>	• EHR Workbook: Session 7 • EH Discipleship: Chapter 9	• Day by Day: Week 7 • Practice Skills 2-3x this week
SESSION 8 DEC 9	<i>Develop a "Rule of Life" to Implement Emotionally Healthy Skills</i>	• EHR Workbook: Session 8 • EH Discipleship: Chapter 5	• Day by Day: Week 8



SCHOOL OF EMOTIONALLY HEALTHY
LEADERSHIP
EH Relationships for Leaders

FALL SEMESTER

**EH Relationships for
Leaders** Oct 14 – Dec 9, 2026

COURSE REQUIREMENTS:

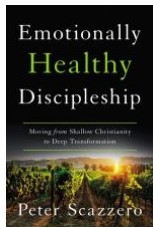
Before the Course Begins:

- Read *Emotionally Healthy Discipleship* before the Course.
- Take the EHS Personal Assessment at emotionallyhealthy.org/mature.

During the Course:

- Attend all 8 sessions from 1:00 - 3:30 PM EST on Wednesdays.
- Commitment to the Daily Office (silence and devotionals 2x daily).
- Practice the EH Relationship Skills between Sessions.
- Complete weekly pre-readings from the Workbook.
- Meet 1-1 with your Table Leader after Session 3 for your “Genogram” outside of the Course time.

PRE-COURSE READING:



Emotionally Healthy Discipleship by Peter Scazzero

[PURCHASE HERE](#)

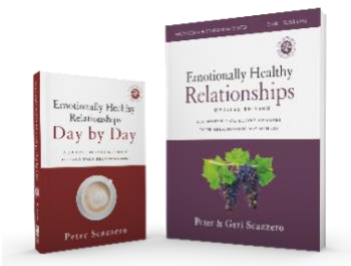
(We will be drawing on the critical material found in
The EH Leader book during the 8 Sessions)



Church Culture Revolution eBook (FREE)

[DOWNLOAD HERE](#)

REQUIRED TEXTS:



Emotionally Healthy Relationships Course Workbook
by Peter & Geri Scazzero

Emotionally Healthy Relationships Day by Day:
A 40-Day Journey with the Daily Office

[PURCHASE HERE](#)

We appreciate if you order from our website as all profits sustain the larger ministry globally.



**A 2 Semester, 16 Week Experience
to Deeply Transform You and Your Ministry**

At the completion of the School of EH Leadership, you will be equipped:

1: to lead others out of a deeper inner life with Jesus by:

- Slowing down for rhythms to be with Him in silence, Scripture, and Sabbath delight.
- Applying genogram theology to your personal formation and leadership.
- Mastering key EH Relationship Skills.
- Being more present with yourself, and God in you, to discern God's will more clearly.

2: to utilize EH Discipleship, Pt. 1 (EH Spirituality) and EH Discipleship, Pt. 2 (EH Relationships) for your ministry to build high-impact leaders and create a disciple-making culture.

3: to take your next step for mentoring, networking, and resourcing through the community of "Emotionally Healthy Culture Churches."