



2025 IMPACT REPORT

EMOTIONALLY HEALTHY DISCIPLESHP



OUR MISSION

To revolutionize the Church
through emotional health and
a slowed-down spirituality.



LETTER FROM

Drew Hyun

President of EHD

Dear friend,

On October 15, 2025, we marked a sacred and historic moment in the life of Emotionally Healthy Discipleship. Pete and Geri Scazzero passed the torch of leadership to me as President of EHD, ushering in a new chapter of this global movement.

To say I'm honored is an understatement. I'm deeply humbled—because this isn't just a ministry to me. It's part of my story. I was 21 years old, an intern at New Life Fellowship, when EHD first began shaping me. Over the last 24 years, I've watched God use this work to bring healing and transformation to countless lives around the world.

But mostly, I'm in awe of what EHD has meant to me personally. As a son. A husband. A father. A pastor. It's been the place where Jesus has met me, reshaped me, and made me whole. I'm not standing here today as someone who's figured it all out. As Sri Lankan Pastor D.T. Niles once said, "Christianity is one beggar telling another beggar where to find bread." That's how I feel about this new calling.

And it's not just my story. It's our story. And together, we get to carry this message into the future—**for the sake of the global church, and for the next generation of leaders.**

Inside this booklet, you'll find just a glimpse of what we're celebrating from this past year—evidence of God's faithfulness and the fruit of your partnership. You'll also hear a bit about where we believe He's leading us next.

We could not do this without you. Your prayers, your generosity, your belief in this mission—it matters more than you know. And as we move forward, we need your continued support more than ever.

I can't begin to imagine all God will do as we abide in Him. But I believe the best is yet to come.

With gratitude and hope,

Drew Hyun

President of EHD

TRANSFORMING LEADERS

The School of Emotionally Healthy Leadership

(SEHL) is a 16-week discipleship course uniquely designed for pastors and leaders to slow down for deep spiritual formation and transformation. The School provides a sacred space to be with Jesus, allowing leaders to integrate emotional health with contemplative spirituality, so they can lead from a deep inner life with God.

Through this journey, leaders are **being equipped to lead emotionally healthy church communities** that multiply deeply changed disciples.



500
SCHOOL
PARTICIPANTS

30
US STATES

17
COUNTRIES

VIRTUAL TRAINING

In 2025, we shifted our Emotionally Healthy Discipleship webinars from quarterly to monthly—creating a consistent rhythm of formation for leaders worldwide.

To date, **3,691 pastors and leaders from 37 countries** have joined us live—now with real-time Spanish translation—for practical, grounded training that strengthens both the soul and the work of ministry.

Led by Drew, with Pete joining to teach each session, these webinars explored core themes essential for emotionally healthy leadership, including:

- Developing High-Impact Leaders
- Leading from Your Marriage or Singleness
- Cultivating Emotionally Healthy Teams
- Building a Discipleship Pathway in Your Church
- Planning for a Sabbatical

Each session helps leaders slow down, be with Jesus, and lead from a deep well of emotional and spiritual health—shaping churches, teams, and families across the globe.

3,691
PARTICIPANTS



37
COUNTRIES



EHD MARRIAGE RETREAT

In **May 2025**, EHD hosted a marriage retreat in NYC for 25 pastors/couples from around the world. The retreat theme was entitled “Lead Out of Your Marriage”. EHD is committed to equipping lead pastors to have practices for marriage and skills that will allow them to flourish in the midst of life and ministry challenges. The participating couples experienced a radical paradigm-shift for marriage, and were given tools to build greater resilience and intimacy in their marriages. Here is some of the feedback we received:

“We’ve learned to enter each other’s world more fully. It’s slowed us down, taught us to “fight cleanly,” and helped us love each other with greater depth and grace. In many ways, it has revolutionized our marriage and shown us what true union and communion look like.”

“Over the years, EHD has had a life-changing impact on our marriage. The most recent event renewed our desire to put into practice principles we had neglected for too long, and it gave us fresh perspective and hope.”

“We’re making more intentional time for closeness and affection, often reminding each other that our marriage is part of how we ‘save the world.’ We’re more aware than ever that the message of our marriage speaks powerfully to our congregation and to the leaders we disciple.”

PODCAST

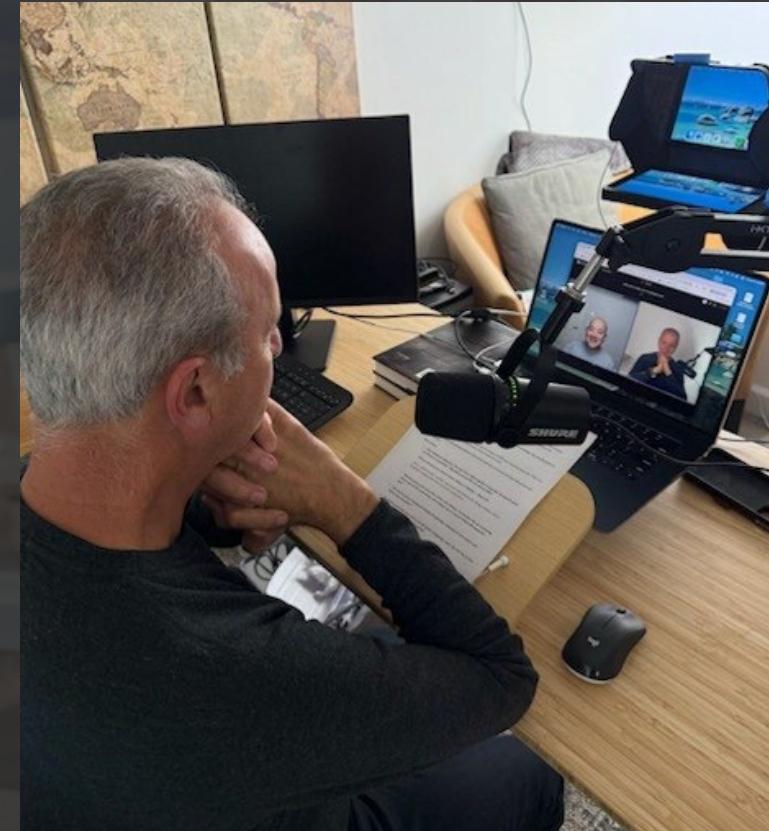
The Emotionally Healthy Leader Podcast, hosted by **Pete Scazzero**, remains a go-to resource for pastors and leaders seeking depth, clarity, and transformation. In 2025 alone (as of October), the podcast has reached nearly **1 million downloads**—spanning 183 countries. Released twice a month, each episode offers honest, biblical wisdom to help leaders slow down, lead with integrity, and root their leadership in a deep walk with Jesus.

Since its launch seven years ago, the podcast has surpassed 11 million total downloads—a powerful milestone in our mission to equip leaders for emotionally healthy leadership in every corner of the global Church.

11,000,000
DOWNLOADS



183
COUNTRIES





COURSES

Churches Embrace the EHD Course:

Across the globe, churches are continuing to make disciples using the flagship Emotionally Healthy Discipleship (EHD) Course. Rather than settling for surface-level faith, these communities are growing deep roots with Jesus, building authentic relationships, and nurturing deeply transformed disciples. As of October 2025, **over 600 churches** are offering the EHD Course, with access to free leader training and personalized coaching to support their journey.





PASSING THE TORCH

On October 15, a sacred and unforgettable moment unfolded. Pete and Geri Scazzero officially entrusted the leadership of Emotionally Healthy Discipleship to Drew Hyun—marking a new chapter after more than 30 years of faithful, pioneering ministry. It was a moment marked by joy, humility, and deep integrity. We believe every leader deserves a vision of succession done well—one rooted in honor, care, and legacy.



CULTURE CHURCHES

One of our newest initiatives is investing deeply in what we call EHD Culture Churches—communities seeking to move beyond offering the EHD Courses and into full-scale cultural transformation.

This year, we hosted an invite-only gathering of 140 pastors and leaders from across the globe. It was a time to connect, experience emotionally healthy church culture firsthand, and discern next steps toward forming a global network of churches intentionally shaped by the values of Emotionally Healthy Discipleship.

INTERNATIONAL TESTIMONIES

"I realized I was spiritually sick—doing many things for God but not truly being with Him. It was difficult for me to set boundaries and to find my voice, which I had silenced because of my family background. God kept knocking on my heart: I received the Emotionally Healthy Spirituality book three times over several years before I finally read it in 2018, just as we were planting a new church. That year changed everything. My husband and I began applying the principles personally before bringing them into our ministry, and it transformed our lives."

Olga—Colombia

"I was a driven businesswoman who started a church like I ran my companies—demanding results and performance. I always felt I had to prove my worth, especially because my mother once wanted to abort me. My life changed when I found Emotionally Healthy Spirituality. I wept as I realized I had lost my soul in constant striving. Through the genogram and grief work, I found healing and freedom. Now, my whole church is built upon EHS principles, and we are learning to live from a place of being, not performing."

Indridiri—Indonesia

"After the fall of communism, revival swept through my country, but over time I saw many leaders—including myself—struggling personally and in our marriages. When I discovered EHS, I finally felt seen and understood. Through the process, I learned to take off my masks and become at peace with myself. Today, I'm a better husband, father, and leader, grateful to see hunger for this message spreading even across Western Europe."

Kalo—Bulgaria

WHAT'S AHEAD

As we look to 2026 and beyond, we believe God is inviting us to go deeper—into the heart of discipleship, into the soul of the Church.

Our mission remains the same: to radically transform the Church through a slowed-down spirituality and a discipleship that goes beneath the surface. While we'll continue offering trusted resources like the EHD Courses, books, podcast, monthly webinars, and the School of Emotionally Healthy Leadership, we're also stepping into bold new territory.

We're building on the rich foundation Pete and Geri Scazzero have laid—one marked by faithfulness, deep inner work, and global vision. Pete and Geri will continue to mentor, write, and shape resources that will serve pastors, churches, and movements around the world.

Here's what's ahead:

- **EHD Digital Learning Community** – A brand-new digital platform and app designed to resource, connect, and equip pastors and leaders around the world.
- **EHD Youth Curriculum** – A long-awaited discipleship pathway for teens, currently being piloted in churches across the country.
- **EHD Culture Churches Network** – A growing global network of churches intentionally transforming their culture through Emotionally Healthy Discipleship.
- **Order of Emotionally Healthy Leaders** – A new monastic-inspired order for pastors and leaders, rooted in a shared Rule of Life and ongoing spiritual formation.
- **The Emotionally Healthy Leadership Conference** – Our first national gathering, launching Fall 2026 in New York City.

As we enter this new chapter, we're inviting our community of supporters—people like you—to help lay the groundwork.

YOUR PARTNERSHIP

Your generosity helps us lay the foundation and build the infrastructure for the next season of ministry—one that reaches across generations, languages, and nations.

With your support, we will:

- Launch the **EHD Digital Learning Community**, a global app resourcing emotionally healthy leaders and churches.
- Begin **pilot groups for the Order of Emotionally Healthy Leaders**, a new monastic-inspired pathway.
- Expand **Schools of Emotionally Healthy Leadership** around the world.
- Translate our courses and tools into Spanish—reaching 440+ million Spanish speakers globally.
- **Sponsor pastors from Africa and Asia** to access training and gatherings they couldn't otherwise attend.
- Develop **new content**—including e-books, webinar series, course planners, and podcast episodes.
- Complete and release the long-awaited **EHD Youth Curriculum**.
- Fund our first **national gathering** in 2026, along with smaller training events for church leaders.
- Invest in the **research and development** needed to serve the Church in the years ahead.
- Reach our giving goal of **\$600,000**.

When you give, you're not just funding a ministry—you're fueling a global movement of emotionally healthy disciples and leaders.

Let's build the future of the Church—together.

Visit emotionallyhealthy.org/give