



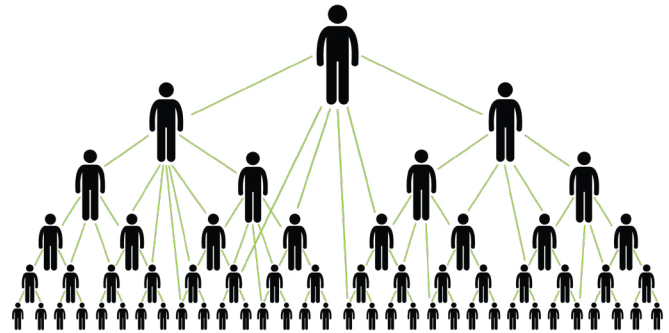
emotionally healthy LEADERSHIP DEVELOPMENT ROADMAP

Leadership development is the fuel that powers a disciple-making culture.

The EH Discipleship Course makes this possible by providing a unique and practical way to invest in the emotional and spiritual development of new and existing leaders (staff, elders, volunteers, ministry heads).

This begins by inviting them to become Table Leaders as you run the Course in your church.

You don't need many leaders to begin. A few deeply changed men and women can unleash an entire movement.



The following roadmap lays out your next steps for mentoring and multiplying high-impact Table Leaders:

PART 1: EMOTIONALLY HEALTHY SPIRITUALITY



1. Prayerfully determine WHO will be your Table Leaders (and, if applicable, your apprentices) for the next part of the Course you are offering.

Be sure to use this also as a Leadership Development track for your staff/key volunteers/ministry leaders (e.g. your youth pastor or worship leader could be a TL with their adult volunteers).

2. Ask Table Leaders, before you meet to watch the following videos from Level 2 Training: Build High-Impact Leaders and a Disciple-Making Culture at emotionallyhealthy.org/training

- Capture the Vision of a Disciple-Making Culture in Your Church
- Become the Message of EH Spirituality
- The Six Phases of Coaching the Grief and Loss Chart
- Be an Incarnational Presence
- Take Your Next Steps to Become a High Impact Disciple-Maker

3. Coach your Table Leaders in their rhythms of slowing down to be with Jesus around these questions:

- 1) How is it going in your practice of silence, stillness and Scripture (the Daily Office)?
- 2) How is it going with your weekly practice of Sabbath delight?

This will be a one-on-one meeting with each of your Table Leaders.

- **4. Coach new Table Leaders in their Grief and Loss chart (EHS) from Session 6.**
This will be a one-on-one meeting with each of your Table Leaders.
- **5. Coach Table Leaders in their ability to be present by having them do Incarnational Listening with another Table Leader (or person of their choice), using the question: *What is the biggest thing impacting you recently and how are you feeling about it?***
This will be a one-on-one meeting with each of your Table Leaders.
- **6. Offer a 1-2-hour, Table Leader Training to cast vision, review their job description, and role play their enforcing the guidelines.**

PART 2: EMOTIONALLY HEALTHY RELATIONSHIPS



- **1. Prayerfully determine WHO will be your Table Leaders for the next part of the Course you are offering.**
Be sure to use this also as a Leadership Development track for your staff/key volunteers/ministry leaders (e.g. your youth pastor or worship leader could be a TL with their adult volunteers).
- **2. Ask Table Leaders, before you meet to watch the following Level 2 Training Videos on the EHD website: emotionallyhealthy.org/training**
 - Capture the Vision of a Disciple-Making Culture in Your Church
 - Become the Message of EH Relationships
 - The Six Phases of Coaching A Leader's Genogram
 - Be an Incarnational Presence
 - Take Your Next Steps to Become a High Impact Disciple-Maker
- **3. Coach your Table Leaders in their rhythms of slowing down to be with Jesus around these questions:**
 - 1) How is it going in your practice of silence, stillness and Scripture (the Daily Office)?
 - 2) How is it going with your weekly practice of Sabbath delight?

This will be a one-on-one meeting with each of your Table Leaders.
- **4. Coach new Table Leaders in the genogram from Session 3.**
This will be a one-on-one meeting with each of your Table Leaders.
- **5. Coach Table Leaders to master and to coach the CTR and Incarnational Listening.**
Have them do incarnational listening again with another Table Leader, or a person of their choice, using the question: *What is the biggest thing impacting you recently and how are you feeling about it?* Note: If they are married, it is highly recommended you have them do this with their spouse. Then, if you have time, encourage them to master the other skills so they can coach those as well.
- **6. Offer a 1-2-hour, Table Leader Training to cast vision, review their job description, and role play Table Leaders enforcing the guidelines.**