

Do a Genogram with Your Team

In Chapter 3, “Going Back in Order to Go Forward,” Pete refers to the power of a genogram to become aware of patterns in your family of origin and how it impacts our leadership. The following is from Session 3 of The Emotionally Healthy Relationships Course. Click the link below, enter your email address and the file will be sent to you.

<https://www.emotionallyhealthy.org/genogram>