

THE EHS COURSE

A stylized graphic element to the right of the text. It features a light blue hard hat on top of a dark blue shield. The shield has a horizontal line across its upper portion, just below the hard hat. The entire graphic is set against a background of light blue concentric circles.

THE EHS COURSE



Are you ready to go beneath the surface and transform your life?

The EHS Course, with Emotionally Healthy Spirituality Day by Day, will take you on a powerful 8-week journey of transformation that will equip you with tools to develop a deep interior life with Christ.

“**CHANGE PEOPLE.**
CHANGE THE WORLD.”