

## EMOTIONALLY HEALTHY DISCIPLESHIP

- Quit Unhealthy Spirituality
- Going Back to Go Forward
- Limits
- Grief and Loss
- Brokenness
- Loving Incarnationally
- Integrity

## CONTEMPLATIVE SPIRITUALITY

- Silence/Solitude
- Daily Offices
- Sabbath Keeping
- Rule (Way) of Life
- The Examen



## UNIQUE LEADERSHIP CHALLENGES

- Strategic Planning and Waiting on God
- Preaching/Teaching and Your Interior Life
- The Marriage Vow and God's Will
- The Gift of Limits and Discernment
- Engage Social Media/Technology and the Ancient Church
- Lead Well and Embrace Your Losses
- Dual Relationships and Power
- Hiring/Firing and Stewardship

## EMOTIONALLY HEALTHY SKILLS

- Community Temperature Reading
- Stop Mind Reading
- Clarify Expectations
- Genogram Your Family
- Explore the Iceberg
- Incarnational Listening
- Climb the Ladder of Integrity
- Clean Fighting

## MARRIAGE/SINGLESNESS

- Eternal Marriage to Christ.
- Communion, not Using
- Leading out of Your Vocation
- Sexuality