

*Emotional health and contemplative spirituality, when woven together, offer nothing short of a spiritual revolution, transforming the hidden places deep beneath the surface of our lives.*

*Central Biblical Thesis for Emotionally Healthy Spirituality*

 **emotionally**  
HEALTHY SPIRITUALITY  
82-10 Queens Boulevard  
Elmhurst, NY 11373

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**PAID**  
RANCHO SANTA  
MARGARITA, CA  
PERMIT NO. 401

*Save with Early Bird Registration!  
Register before March 31, 2010*

*"Spiritual and emotional growth are critical for the continuing work of the mission of the church. The emotionally healthy church model provides sustenance for its members from a biblical perspective, and the fruit is that the church then transforms its community. Peter Scazzero is a leader in this concept. I highly recommend this conference."*

— Dr. John Townsend  
Psychologist  
Author of *Boundaries*  
Speaker, Leadership Consultant

 **emotionally**  
HEALTHY SPIRITUALITY



*Slowing Down to Lead with Integrity*

# Emotionally Healthy Leadership Conference 2010

*with Pete and Geri Scazzero*

For Pastors and Church Leaders  
April 30 – May 1, 2010, New Life Fellowship Church

# Emotionally Healthy Spirituality in You, Your Marriage, Your Leadership, and Your Church

## Designed with You in Mind

Often leadership can leave us spiritually dry, running on empty. In our sincere pursuit to help others, we neglect our own inner life with God, and the values we so easily preach about. In addition, our marriages, children, and key relationships receive "what's left" after our work of ministry.

This conference is designed for men and women in leadership desiring to lead differently, from a place of emotional health and contemplative spirituality.

## Biblical and Practical

In this two day intensive conference we will provide biblical background and practical experiences that will launch you on a pathway of deep transformation and equip you with tools to take emotionally healthy spirituality into your church, leadership and ministry.

## What You Will Receive

- A fresh look at a Biblical model for leadership
- Learn how emotional health and spiritual contemplative practices can impact your leadership and management style
- Embrace a fresh perspective for leading others without violating your personal health and walk with God and marriage
- Experience new skills for dealing with leadership and staff conflict
- Insights into the seven common leadership challenges
- How to develop a rhythm for slowing down, setting healthy, balanced priorities and limits
- Creating a "rule of life" for a leadership culture that lives the values one preaches
- 12 Tenets of Emotional Healthy Spirituality

## The Experiential Difference

Unlike other conferences you may have attended, there is a strong experiential component in our conference that will guide you beyond listening to lectures into "doing" the material. This includes morning and midday prayers (daily offices) together.

## Tentative Schedule

**Friday – April 30, 2010, 12:00 p.m. to 8:30 p.m.**

- Session 1:** Slowing Down to Lead with Integrity
- Session 2:** Going Back to Go Forward Level 101 and 201
- Session 3:** Contemplative Spirituality – An Alone Together Experience

**Saturday – May 1, 2010, 10:00 a.m. to 5:30 p.m.**

- Session 4:** Seven Common Leadership Challenges
- Session 5:** Workshops: EHS Applied
- Session 6:** Work, Calling and Eliminating the Sacred/Secular Divide
- Session 7:** The 12 Tenets of Emotionally Healthy Spirituality

For complete conference schedule please visit our website.

## General Information

**Tuition: By March 31, 2010**

- Single .....\$139
- Additional 2+ .....\$99

**Tuition: April 1 – April 30, 2010**

- Single .....\$169
- Additional 2+ .....\$129

**Location:** New Life Fellowship, 82-10 Queens Boulevard, Elmhurst, New York 11373; 718-424-0122.

For hotel information please see the website, [www.emotionallyhealthy.org](http://www.emotionallyhealthy.org).

Please register early – conference is limited to 400 people!

## Presenters

**Pete Scazzero** is founder and Senior Pastor of New Life Fellowship Church in Queens, New York City, a large, multiracial, international church with over sixty-five countries represented. A graduate of Gordon-Conwell (MDiv) and Eastern Baptist Theological Seminary (DMin in marriage and family), he is also the author of *Emotionally Healthy Spirituality* (Nelson, 2006), *The Emotionally Healthy Church: Updated and Expanded* (Zondervan, 2010), and *Begin the Journey with the Daily Office* (WCA, 2009).



Gerri and Pete Scazzero

**Geri Scazzero** is a teaching pastor and director of marriage ministry at New Life. She also is the author of the book, *I Quit*, that will be released in September, 2010 by Zondervan. They are co-founders of Emotionally Healthy Spirituality, a groundbreaking ministry that integrates emotional health and contemplative spirituality to pastors, leaders and local churches.

## Post-conference Worship

We encourage you to stay over Saturday night and attend one of our two worship services on Sunday morning (9:15 a.m. and 11:15 a.m.) to experience the working out of emotionally healthy spirituality in a regular Sunday morning service. For many participants this has been one of the highlights of their time at the conference.

### Pre-conference Seminar Thursday, April 29, 2010 – 10:00-5:00 p.m.

**The Pastor's Marriage:** The Foundation for Emotionally Healthy Churches and Ministries

This one-day intensive workshop, presented by Pete and Geri Scazzero, flows out of the conviction: *As goes the leader's marriage, so goes the ministry.*

Few greater challenges exist for those of us serving as pastors and leaders than developing a high-quality marriage. God intends that our marriage be the loudest sermon we give about Christ's love for His bride, the church. Our goal on this day is to provide both God's revelation for our marriage and sexuality along with practical skills and tools to foster an authentic, thriving marriage.

- Session 1:** Your Marriage, Your Sexuality and Your Leadership: A Biblical Perspective
- Session 2:** Community Temperature Reading
- Session 3:** Incarnational Listening and Speaking
- Session 4:** Clean Fighting
- Session 5:** Crafting a Rule of Life for Your Marriage
- Tuition:** Before March 31, 2010: \$99 per couple  
April 1 – April 29, 2010: \$129 per couple

Please register early –  
Pre-conference seminar is limited to 40 couples!

Register online! [www.emotionallyhealthy.org](http://www.emotionallyhealthy.org)

For more information, please contact Lisa at: [lkeyes@emotionallyhealthy.org](mailto:lkeyes@emotionallyhealthy.org) or call: (888) 238-8905

## Registration Form

**Registration Information: One form per couple or individual.**

Name of Couple or Individual: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
 Church Position/Title: \_\_\_\_\_ Denomination: \_\_\_\_\_  
 Church/Organization Name: \_\_\_\_\_ Church Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Church Phone: \_\_\_\_\_ Church Fax: \_\_\_\_\_

**Payment Information: Please supply credit card information and mail to the address below.**

Card Number: \_\_\_\_\_  Visa  MasterCard  Discover  AMEX  
 Name on Card: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ VCode last 3 digits on back: \_\_\_\_\_  
 Billing Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
 Phone Number Credit Card is Registered to: \_\_\_\_\_

### Conference Tuition Information: Rates are per person in United States funds.

	Before 03/31/10	04/01/10 – 04/30/10
Individual	<input type="checkbox"/> \$139	<input type="checkbox"/> \$169
Group (2+)	<input type="checkbox"/> \$99	<input type="checkbox"/> \$129
International	<input type="checkbox"/> \$99	<input type="checkbox"/> \$129
Full-time Student	<input type="checkbox"/> \$99	<input type="checkbox"/> \$129
First-year Church Planter	<input type="checkbox"/> \$99	<input type="checkbox"/> \$129

### Pre-Conference Tuition Information: Rates are per couple in United States funds.

Pre-conference Seminar	<input type="checkbox"/> \$99 per couple	<input type="checkbox"/> \$129 per couple
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**Cancellations:** If you need to cancel your registration, you will receive a full refund less a \$20 processing fee (per registration) if your request is received 30 days prior to the scheduled event. Cancellations received after 30 days but prior to 10 days before the event will be refunded at 50% less the processing fee. No refunds will be issued for registrations cancelled 10 days or less before the event.

**Transfers:** If someone from your church or organization will be attending in your place, please let us know. There is no fee for this type of transfer.

Two Ways to Register: WEB: [www.emotionallyhealthy.org](http://www.emotionallyhealthy.org)

MAIL: New Life Fellowship  
82-10 Queens Blvd.  
Elmhurst, NY 11373